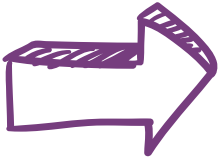


Safety Up!

with Lil' Iguana

Empowering Kids, One Lesson at a Time



Safety UP! is a monthly membership program for teachers & community leaders!

Safety Up! *Educator+* Members Receive

CURRICULUM

Monthly lesson plans, educational videos, and online resource library access to hundreds of ready to use safety & well-being resources so you have the resource you need, when you need it.

COMMUNITY

Access to supportive community where you can brainstorm with fellow educators, interact on monthly Q&A video calls, and connect with Lil' Iguana staff.

PROGRAMS

Exclusive access to educational program streaming for the classroom or school wide assemblies.

[Click to Scan to Learn More](#)



Safety Up!

with Lil' Iguana

Empowering Kids, One Lesson at a Time

Peace of mind with an easy to follow plan!

Safety UP! with Lil' Iguana

- Easy to Use Monthly Action Plans
- Ready to Print Supporting Content & Worksheets
- Access to an Online Resource Library
- Monthly Support Video Calls
- Monthly Feelings Calendar Printables
- Encouraging Facebook Group Community
- Educational Music for Interactive Play Learning
- Relatable & Fun Characters

Stop the never ending cycle of searching and saving worksheets. Instead, gain access to a library of ready to print and simple to follow resources. Begin or reignite your journey helping children make safe and healthy choices.

[Click to Scan to Learn More](#)



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Safety Up! *Educator+* Members Receive

Support & Encouragement:	
Monthly Q&A Support Calls with the Lil' Iguana team	✓
Monthly Bonus Videos from Education Leaders	✓
Access to the Exclusive Facebook Group	✓
Unlimited Monthly Downloads:	
Lesson Guides	✓
Guided Journals	✓
Lesson Worksheets	✓
Recipes & Crafts	✓
Write a Story	✓
Digital Posters	✓
Mood Trackers	✓
Word Search Activities	✓
Coloring Sheets	✓
Maze Activities	✓
Bonus Downloads	✓
Music & Sing A Longs	✓
Teaching Guides	✓
Lesson & Worksheet Bundles	✓
Lesson Plans	✓
Digital Workbooks	✓
Virtual Program Streaming:	
Lil' Iguana's In-Classroom Program Virtual Access	✓
Lil' Iguana LIVE! Virtual Access	✓

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Empowering Kids, One Lesson at a Time

Safety Up! ^{Educator+} Membership Pricing per classroom



Monthly Membership

Enroll & Pay Monthly

\$99 / month



Annual Membership

Pay Annually & Save

\$999 / year



RISK FREE. CANCEL YOUR MEMBERSHIP AT ANYTIME

[Request School Wide Pricing](#)





WHAT IS THE LIL' IGUANA PROGRAM?

PROTECTING KIDS WITH PROACTIVE EDUCATION SINCE 1994

Lil' Iguana provides in-school and virtual programming, teaching guides and worksheets, educational music, television series, storytelling podcasts, interactive products, and community events. Lil' Iguana's goal is to teach over 20 safety and well-being lessons like Acceptance, Internet Safety, Get Permission, Who's a Stranger, & Harm Alarm.

Lil' Iguana's music-based prevention programs protect kids from abduction, abuse, child predators, and serious accidental injuries while instilling self-worth, respect, and manners.

THE PROOF

Lil' Iguana is an award-winning, comprehensive program that has been presented in front of millions of people in seven countries. Lil' Iguana's safety and well-being programs have been credited with saving countless children, from a child just 3 years of age with the "Harm Alarm" program, to a 16-year-old who escaped a level three offender by remembering the "Run, Run, Run, Yell & Tell" program.

Because of the tremendous success of our programs, we have been featured in magazines and television specials. We have won countless parenting and broadcaster awards, and have been invited to Washington, D.C. for conferences related to children's health and safety.

Lil' Iguana's easy-to-follow, music-driven programs keep children engaged so they can learn critical safety lessons they will remember for the rest of their lives. These programs are straightforward and can be understood at any learning level. Lil' Iguana has proven itself successful and effective since 1994 because it focuses on proactive education rather than reaction-based programs. Lil' Iguana features a non-threatening approach so children are entertained enough to listen to the messages and relaxed enough to absorb the information. Lil' Iguana's proactive programs arm children with the tools they need to avoid abduction, abuse, and preventable accidental injuries.

WELCOME

let's do this!

Welcome parents, educators, and community members!

As caring adults, we all want our children to grow up to be healthy, happy, and safe.

However, in today's fast-paced world, where do you fit these lessons into your busy schedules? It's easy to feel overwhelmed and defeated before you even begin. You might be thinking, where do I even start?

That's why we created this guide to help you reflect on past efforts, evaluate your current plans, and take action to make positive changes.

At the heart of this guide is the belief that proactive education is critical and should be taught from an early age. We can empower children to make informed decisions throughout their lives by equipping them with the skills, knowledge, and tools they need to stay safe and healthy.

We understand that teaching safety and well-being lessons can be a stressful task, and we hope this plan will provide you with the support you need to take action.

In the following pages, we'll explore the benefits of proactive education and provide practical tips, tools, and steps you can start today.

We'll also address common challenges that you may face when it comes to supporting a child's learning and offer strategies for overcoming them.

This teaching guide is designed to lead you through a journey of reflection, evaluation, and action. We will provide you with practical strategies, engaging activities, and insights to help you create a productive learning environment for your child.

By the end, you'll have the knowledge and tools you need to teach your child to make safe and healthy choices throughout their lives.

Remember, the safety and health of our children is essential, and it's up to us to ensure that they have the skills and knowledge they need to navigate the world safely and confidently.

So, let's get started! Together, we can create a safer and healthier future for our children.

As parents and educators,

it is important to reflect on the *methods and messages* used in the past to teach safety and well-being to our children.

By taking the time to evaluate the *effectiveness* of these past strategies, we can gain valuable insight into how to best approach future teachings.

This includes not only addressing traditional safety concerns such as Water Safety and Stranger Danger, but also incorporating topics such as mindfulness, manners, and self-empowerment. By staying informed and actively engaging in these conversations, we can empower our children to make healthy and informed decisions and lead safe, healthy lives.

How did you explain these lessons?

When have you talked about safety & well-being messages?

Do you think the messages were clear and understood?

How did it go?

What lessons did you talk about?

What examples did you use?

Did you follow up on these lesson again? In what way?

LIL' IGUANA'S PROGRAMS

WHY ARE THEY SO EFFECTIVE?



Because they feature...



MUSIC BASED LEARNING

Learning through music helps to establish a positive learning environment where children are engaged and able to retain the teachings. Lil' Iguana's educational music uses catchy beats with fun lyrics to teach safety & well-being lessons. Children are engaged when listening to the music. They sing along to the toe-tapping songs, clap their hands, and move their feet along with the melody. Learning with music helps to breakdown complex concepts and make them enjoyable to learn and remember.

[click to listen to Lil' Iguana's educational music](#)

or scan



INTERACTIVE ROLE PLAYING

Interactive role playing allows children to act out and practice scenarios in a safe and controlled environment, which can help them learn how to respond appropriately in real-life situations. Role playing with children is more effective than one-way instruction. When children are able to test out the skills they have learned, and put them into practice, this creates a deeper cognitive link to the material, making it easier for children to learn.



PLAY LEARNING

Children learn best when they are engaged in activities that are fun and enjoyable. Play learning helps children develop social and emotional skills. Through play, children learn how to share, take turns, negotiate, and resolve conflicts. They also learn how to express themselves, develop empathy, and build relationships with others. Play learning also helps children develop cognitive skills and problem-solving abilities, encourages critical thinking, and develops their creativity and imagination.



REPETITION

Lil' Iguana's programs feature repetition. The lessons are presented through music, interactive role playing, as well as question & answer checkpoints. The life-saving lessons are taught with multiple examples and phrasing throughout the programs to reinforce the teachings. Repetition helps to reinforce the information and makes it more likely that children will remember the lessons in the long term. The lessons are best taught with multiple examples and phrasing to reinforce the teachings.



PROACTIVE APPROACH

All of Lil' Iguana's programming is proactive and prevention based. A strong foundation starts with proactive, preventative measures. Reactive programs are too late to keep a child safe and save a child's life. Lil' Iguana hopes every child can live a safe and happy life, and this starts in their childhood. Remember, proactive, prevention programs cost a fraction of reactive measures.

LIL' IGUANA'S SAFETY & WELL-BEING LESSONS

FOR AGES 2-10

SOCIAL EMOTIONAL LEARNING

helping children understand themselves and others



GOOD FRIEND
treat others the way you want to be treated



COOL & CALM
breathe in & out slowly for peace of mind



RESPECT & SELF-WORTH
know yourself & stick to it

STRANGER DANGER

protecting children from abuse and abduction



GET PERMISSION
eyeballs, ask, YES!



HARM ALARM
share the funny feeling



WHO'S A STRANGER
never go without permission



RUN, RUN, RUN, YELL & TELL

BEING SAFE AT HOME

helping children understand how to be safe at home



ONLINE SAFETY
never agree to meet someone or give your info



POISON SAFETY
never guess, always check



WHEN YOU'RE ALONE
it's up to me to take charge



GUN SAFETY



FIRE SAFETY

BEING SAFE OUTSIDE

protecting children while they are out & about



WEAR THE GEAR
that protects you



WATER SAFETY
always get permission before you get into the water



TRAIN SAFETY
when the gate goes down, don't go around



I'M LOST
things to know when you're alone



OUT & ABOUT
don't be scared, be prepared

PERSONAL HEALTH & HYGIENE

helping children stay active and healthy



I WASH MY HANDS
for 20 seconds or more



STAYING ACTIVE

CAR & BUS SAFETY

helping children stay safe while traveling



DISTRACTING THE DRIVER
make the car a safe place for all



BUCKLE-UP
you went too quick if you didn't hear the click

STREET SMARTS & ROAD SAFETY

helping children avoid accidental injuries



STOP & THEN LOOK OUT
look left, right, then left again



TAKE A BUDDY
safer in numbers than by yourself

[click to see all lessons](#)

or scan

